# YOUR Growth Booster

# Boost Your Superpower for Growth

Lifelong learning isn't always as easy as it might sound. This program puts a spotlight on **individual learning** capabilities which will be key skills for change and growth. Providing science-based inspiration and tools for practical application to work on **self-efficacy** and achieving individual learning goals.

Actively work on **YOUR growth mindset**, **learning skills**, **and self-leadership** to integrate **self-directed learning** – even better – into your daily routine and contribute your excellence to the ongoing business transformation at Bertelsmann.

#### Live Meetings - Schedule DE: 9.00am | EN: 4.30pm CET

Module 1	The Journey Begins	February 28
Module 2	What Keeps Me Going?	March 20
Module 3	Aligning the Compass	April 24
Module 4	My (Super)-Powers	May 29
Module 5	My Training Plan	June 26
Module 6	When the Going Gets Tough	September 11
Module 7	Pathways of Reflection	October 09
Module 8	Continuing the Path	November 06

### Bertelsmann University

# Who?

You if you are eager to foster your learning mindset, behavior, and self-management competencies.

## What you can expect:

- Guided, highly interactive program with a mix of virtual live and self-directed learning modules
- Social learning: Learning groups
- On the job: Work with a journal
- Self-efficacy: Measure your progress several times through self-assessment

## What?

Get into the Flow of work: Work on simple and everyday skills to be prepared for a constantly changing work environment.

- Plan how to follow up your learning goals within your own ecosystem and work routine
- Work on your psychological flexibility
- Set a focus and build healthy habits

#### BOOST YOUR LEARNING MINDSET & BEHAVIOR

February - November, 9-month continuous program to build lasting learning routines and mindset chance



More information

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