

YOUR Growth Booster

Boost Your Superpower for Growth

Lifelong learning isn't always as easy as it might sound. This program puts a spotlight on **individual learning** capabilities which will be key skills for change and growth. Providing science-based inspiration and tools for practical application to work on **self-efficacy** and achieving individual learning goals.

Actively work on **YOUR growth mindset, learning skills, and self-leadership** to integrate **self-directed learning** – even better – into your daily routine and contribute your excellence to the ongoing business transformation at Bertelsmann.

Choose your focus

BOOST YOUR LEARNING GOAL

May-August, 6 week intense bootcamp to pursue a specific individual upcoming learning project

BOOST YOUR LEARNING MINDSET & BEHAVIOR

May-January, 9-month continuous program to build lasting learning routines and mindset change



More info

Who?

You if you are eager to achieve a specific learning goal or wish to foster your learning mindset, behavior, and self-management competencies for balancing performance tasks and learning targets

What you can expect

- Guided, highly interactive program with a mix of virtual live and self-directed learning modules
- Social learning: Learning groups and buddies
- On the job: Follow up your learning with a journal
- Feel your self-efficacy-based data evaluated several times during the program

What?

Get in the flow of work: Work on simple, everyday capabilities and be ready for an ever- changing work environment

- Plan how to follow up your learning goals within your own ecosystem and work routine
- Work on your psychological flexibility
- Set a focus and build healthy habits
- Overcoming obstacles with self-compassion and motivation